



# Anatomy of a Crossing Coasts Card

13 colour coded sectors.

Bristol people as well as national figures.

Pictures designed for children to describe the content and discuss the connotations

Job details that relate to the work place as well as to life in and out of school.

Descriptions of what they do and how they got there. It may be a job or community activity.

Scores out of 100.

What? A job, a passion or a goal.

**S** Sport & Leisure

**Tegan Vincent-Cooke**

**GENERATIONEX**

"Don't be afraid to be you and just live your life authentically."

I am a dressage rider and an activist for disability rights with 500,000 followers on TikTok. I want to show people that equestrianism is not just for rich, white people. I have quadriplegic cerebral palsy. I study Film production at University.

**Job details**

Creativity	85
Communication	90
Working with a team	79
Using numbers	45
Reading & writing	55
Scientific knowledge	42
Hands on practical skills	95

**When Where What**

3rd Generation Jamaica Guyana Equestrian Aspiring Paralympian

**Q.** Why is diversity in sport so important?

Discussion questions. Generate understanding and opinions on issues affecting young people.

Where? Their heritage.

When? The generation they represent after settling in the UK. Pioneers = 1st generation.



Find the Saint's of St Pauls cards

